

Hot Coffee and
Fresh Bagels
All Day Long



Fast, accurate, friendly service

with the highest quality

products for reasonable

prices in a clean environment

with free Wifi.

Dine in or take out.

Phone orders are also

welcome.

Try our Fresh

Salad Station.

Cash, Credit and Debit Accepted

Business Catering Available

Monday–Saturday

Beverages

Coca-Cola® Brand Beverages

Fountain Drinks:

Regular	\$1.79
Large	\$1.99

Bottles:

Soda	\$2.00
Snapples	\$2.00
Dasani Water	\$1.50
Sports Drinks	\$2.00
Assorted Juices	\$2.25

Brewed Tea

Sweet and Unsweetened	\$1.69
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Assorted Milks

\$2.25

Regular or Flavored Coffee

Regular	\$1.83
Tall	\$1.83
Bottomless cup	\$2.50
Iced Coffee	\$2.25



The Bagel Exchange
107 W. Center Street
Kingsport, TN 37664
423-398-5111



**New York Bagels
Gourmet Coffee
Breakfast All Day
Lunch
Catering
Deli-Café
Salad Station**

7:00 A.M. –2:30P.M. Tue-Fri
7:30A.M.–2:30P.M. Saturday
Closed Sunday & Monday

Phone: 423-398-5111
107 W. Center Street
Downtown Kingsport
Facebook.com/thebagleexchange
www.thebagleexchange.biz



Bakery Items

Bagels: Blueberry, Cinnamon Raisin, French Toast, Plain, Poppy Seed, Pumpnickel, Cheddar Cheese, Multi-Grain, Sesame, Onion, Jalapeño Cheddar, Garlic, Sundried Tomato, & Everything.

Dozen Bagels \$13.99

Bagel only \$1.35

Bagel

With butter or Jelly \$2.50
With plain cream cheese \$3.00
With flavored cream cheese \$3.25

Muffins & Cinnamon Buns \$2.25

Scones \$1.25
3for\$3.

Breakfast Served All Day

Scrambled Eggs on your choice of bagel or roll. \$3.99

Add American, Provolone, Swiss or Cheddar Cheese \$0.50

Add Ham, Bacon, Sausage or Turkey \$0.99

Gourmet Coffee

Regular \$1.83
Tall \$1.83
Bottomless cup \$2.50

Order lunch deal #1-#13 or design your own Custom Bagel Sandwich

served hot, or cold.

Alternate bread choices: Kaiser Roll or Wrap.

1. Choose Bagel Flavor

2. Decide on Deli Meats & Cheeses:

Meats: Black Forest Ham, Roast beef, Smoked Turkey, Pastrami, Buffalo Chicken, Grilled Chicken.

Cheeses: American, Provolone, Swiss, or shredded Cheddar (additional charge applies for cheese)

3. Decide on Toasting options

4. Add toppings; lettuce, tomato, red onion, and choice of dressing.

Lunch Bagel Sandwiches

#1 NY's Finest \$8.49

Smoked Salmon, plain cream cheese, capers and red onions, served on an everything bagel.

#2 NYPD Blue \$7.49

Grilled Chicken with ham and melted Swiss cheese topped w/lettuce, tomato, Mayo & served on a Multi-Grain Bagel.

#3 The Chief \$7.99

A Reuben with Hot Pastrami, melted Swiss cheese, sauerkraut & thousand island dressing served on a Multi-grain.

#4 The Inspector \$7.49

Boar's head Spicy Buffalo Chicken Breast & Provolone with lettuce, tomato and Ranch dressing served on a sun dried tomato bagel.

#5 The Commander \$7.99

Thinly sliced Boar's head roast beef, with lettuce, tomato, mayo and horseradish dressing served on a cheddar bagel.

#6 The Captain \$7.99

Cold Pastrami and Swiss cheese with lettuce tomato, red onion and spicy mustard served on a multigrain bagel.

#7 The Lieutenant (Club) \$7.49

A Sesame bagel with Black Forest Ham, Smoked Turkey & Crispy Bacon strips, topped with lettuce, tomato, red onion and honey mustard dressing.

#8 The Sergeant \$7.49

Smoked turkey & Provolone Cheese with lettuce, tomato, red onion and mayo served on an onion bagel.

#9 The Detective \$7.49

Black Forest Ham & Swiss Cheese with lettuce, tomato, red onion, oil & vinegar dressing served on a Sesame bagel.

#9 ¾ The Gangsta \$7.99

Black Forest Ham, Salami, Pepperoni & Provolone Cheese with lettuce, tomato, red onion, and Deli-dressing served on an Everything bagel.

#10 The Patrolman \$7.49

Gourmet Chicken Salad with lettuce, tomato, and red onion served on a multi-grain bagel.

#11 The Rookie \$7.49

Solid White Tuna Salad with lettuce, tomato & red onion Served on an everything bagel.

#12 The Cadet* \$6.99

A B.L.T. Sandwich topped with mayo on a Multi-Grain bagel.

*V.L.T. substitutes veggie cream cheese and cucumber for mayo and bacon.

#13 Security Officer \$5.99

Egg Salad on a Multi-Grain bagel with lettuce, tomato, and red onion.

#14 The Newcomer \$8.29

Any 1/2 bagel sandwich (#1- #13) and cup of soup or original side salad w/dressing of your choice. (Romaine, Cucumber, Onion,

Salad Station

Start with Spring Mix and \$7.95

add (5) of your favorite fresh toppings (Toppings vary daily)

Cucumbers	Bell Peppers
Mushrooms	Broccoli
Chick Peas	Walnuts
Red Onions	Diced Chicken
Diced Ham	Diced Turkey
Tomatoes	Hard Boiled Egg
Dried Cranberries	Sunflower Seeds
Diced Provolone	Shredded Cheddar

(Toppings vary daily)

Salad includes choice of dressing & crouton

Italian	Thousand Island
Ranch	Blue Cheese
Honey Mustard	Balsamic Vinaigrette

Children's menu

Kindergarten Cop Pizza \$5.50

Mozzarella cheese & Sauce on a bagel.

Add Pepperoni \$6.50

Deputy Droop Along \$5.50

Fluffer-Nutter
Peanut butter & Marshmallow fluff on a bagel.

Officer Buckle PB & J \$5.50

Peanut butter and Jelly (Strawberry or Grape) on a bagel.

Inspector Gadget grill \$6.50

cheese bagel
American cheese with or without tomato on a bagel.

Add bacon \$7.50